



Emergency Numbers

If you or your family is currently experiencing a mental health emergency, call 911 or go to the nearest emergency room.

For less immediate crisis here are some possible resources for assistance:

Call Crisis Lines for Community Mental Health Centers

Adams County Mental Health Center ----- 303 853-3500
Arapahoe Mental Health Center ----- 303 730-3303
Aurora Community Mental Health Center (North office) ----- 303 617-2400
Jefferson Center for Mental Health ----- 303 425-0300
Note: This line rolls over to Inpatient Pavilion for University of
Colorado Health Sciences Center at night (12605 E. 16th Ave –
Colfax & Ursula) ----- 720 848-5197

Child Mental Health Emergency

Children's Hospital ----- 720 777-6200
1-800-624-6553

Domestic Violence

Alternatives to Family Violence (Adams County) ----- 303 289-4441
Boulder County Safehouse (Crisis Line) ----- 303 444-2424
Gateway Battered Women's Shelter (Arapahoe County/North) - 303 343-1851
Gateway Battered Women's Shelter (Arapahoe County/South)
(Not Crisis Line) ----- 303 761-7721
Safehouse (Denver County) ----- 303 830-2660
Brandon Center (Denver County) ----- 303 620-9190
Women in Crisis (Jefferson County) ----- 303 420-6752
Women's Crisis Center of Douglas County ----- 303 688-8484

Rape/Sexual Assault

Rape Awareness and Assistance Program (RAAP) ----- 303 322-7273
303 329-0031 (Spanish)
303 729-0023 (TTY)

Suicide Hotline

COMITIS Helpline ----- 303 343-9890
National Suicide Prevention Lifeline ----- 1-800-273-TALK (8255)
1-888-628-9454 (Spanish)